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Analytical performance of norovirus real-time RT-PCR detection protocols in Canadian laboratories

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ABSTRACT

Background: Noroviruses (NoVs) are the leading cause of infectious gastroenteritis worldwide. Real-time reverse transcription PCR (real-time RT-PCR) is the preferred method of NoV detection for the majority of testing laboratories. Although the accepted target region for molecular detection assays is the conserved ORF1/ORF2 junction, multiple variations have been published with differences in primers, probes, reagents, multiplexing, etc.

Objectives: We assessed the detection limit for GII.4 NoV real-time RT-PCR assays as well as the ability to detect the non-GII.4 NoV genotypes in each participating laboratory.

Study design: A panel of 25 RNA samples was circulated to 18 testing laboratories for comparison of their real-time RT-PCR procedures for NoV detection.

Results: Multiple protocols with slight differences in reagents or conditions successfully detected 10 genome equivalents or fewer of NoV per reaction. Multiplex procedures were significantly associated (p=0.04) with false negative results, particularly for a GI.2 strain. Sensitive detection was associated with false positive results (p=0.03).

Conclusions: Overall, the data indicate that comparable results are produced under slightly different assay conditions.

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1. Background

Noroviruses (NoVs) are the most common cause of infectious gastroenteritis worldwide.¹ Symptoms last for 24–72 h and include vomiting and diarrhoea that resolve without long term sequelae.² Large outbreaks are a common feature of norovirus infections, with a variety of reported transmission routes including person-toperson contact, food, water and contaminated fomites.^{3–10} These outbreaks can be extremely difficult to control and have a major financial impact.¹¹

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A number of factors contribute to the spread of these viruses in the community. NoVs are non-enveloped 30 nm particles, which are resistant to drying, heating and disinfection.^{12–18} The infectious dose is less than 10 particles, but the virus is shed to high titres of $10^{6}-10^{8}$ particles per gram in the feces of infected individuals.^{19,20} There are more than 26 genotypes of NoV that infect humans,²¹ with varying degrees of serological cross-reactivity.²² Previous infection with a strain of NoV does not confer long term protection from disease, even when the second infection is of the same strain type.²³ In addition, the most common genetic type, GII.4, is under constant selective pressure and new strain variants emerge periodically to cause epidemics.^{24,25}

NoV detection methods must meet several criteria to be useful for routine sample testing. They must be amenable to high throughput modifications. Some testing laboratories participating in this study receive as many as 200 samples per week during the winter months associated with higher NoV activity. Methods should also be as sensitive and specific as possible. It can be challenging to identify protocols that detect all of the diverse NoV genotypes. Capsid protein sequence variation separates NoV into 5 genogroups, with GI and GII causing the majority of human infections.²¹ The different NoV genogroups share less than 39% amino acid identity in the capsid region.²¹ Within each genogroup, capsid sequence identity ranges from 56% to 86% at the amino acid level.²¹ The current method of choice for NoV detection in most laboratories is probe based real-time reverse transcription PCR (real-time RT-PCR). Most real-time RT-PCR assays target a highly conserved region of the NoV genome at the ORF1/ORF2 junction, but there are slight differences that may affect method performance.^{26,27}

1.1. Objectives

In this study, we circulated a panel of NoV RNA samples for detection by real-time RT-PCR procedures in each participating laboratory. The objective of the study was to compare the detection methods from each participating laboratory. We assessed the detection limit for each real-time RT-PCR assay as well as the ability to detect the less common NoV genotypes.

2. Study design

2.1. Preparation of coded panels

Coded panels of 25 RNA samples previously tested for NoV by TaqMan real-time RT-PCR^{26,28} were assembled at Health Canada, Ottawa, ON. Fecal specimens were derived from outbreaks of acute gastroenteritis across Canada during 2007–2009 and have been stored as whole stools at either 4 °C, -20 °C or at -70 °C. A 10% stool suspension was clarified sequentially by centrifugation (6000 × g for 5 min), 0.45 µm filtration (Millipore, Etobicoke, ON) and 0.22 µm filtration (Millipore). RNA was extracted from mul-

tiple aliquots of filtrate using the QIAamp Viral RNA extraction kit as per manufacturer's recommendation (QIAGEN, Mississauga, ON). RNA extracts from each aliquot were pooled and the entire batch was diluted 1:1 in RNA Storage Solution (Ambion, Austin, TX) prior to storage in 20 µL aliquots at -70 °C. The panel included four NoV-negative RNA samples: one rotavirus group A sample, one adenovirus 40/41 sample, one enterovirus sample and one sapovirus sample. Nine samples were a dilution series of RNA from a NoV GII.4 (2006b) strain variant: three samples at each concentration of 100. 10 and 1 genome equivalents (g.e.) per reaction $(2 \mu L)$ as quantified by real-time RT-PCR with a standard curve generated from a RNA run-off transcript of the targeted region.²⁹ Based on probabilities of sampling, some samples should have less and some more than 1 g.e., this can be kept in mind when interpreting the results. The remaining twelve samples were RNA from NoV GI.2, GI.3, GI.4, GI.6, GI.8, GI.13, GII.2, two representatives of GII.3, GII.4 (2008), GII.5 and GII.7, based on sequence analysis of the region C and region D capsid fragments.^{30,31} Quantification of the RNA from other genotypes was based on transcripts of GII.4 (GII viruses) or GI.1 (GI viruses). The panel samples were frozen at -70 °C and shipped on dry ice to 18 participating laboratories.

Before beginning the complete RNA panel, a test panel of ten coded stool/filtrate samples and ten coded RNA samples derived from the same specimens was circulated to nine laboratories. RNA was extracted, stored and shipped in RNA Storage Solution (Ambion) according to the protocol proposed for the full panel study. Results confirmed that labs obtained the same test results for corresponding fecal and RNA samples, indicating that RNA was stable during shipment (data not shown). Distribution of the full panel of RNA samples proceeded as described above.

2.2. Detection by real-time RT-PCR

Each laboratory submitted data as well as answers to a short questionnaire describing their protocols and operating procedures. Real-time RT-PCR assays were performed according to standard procedures in each laboratory. These protocols are summarized in Table 1 and Supplementary Tables 1-3. All primer and probe sets target the conserved ORF1/2 junction of the NoV genome. Briefly, most laboratories (16/18) used the COG1F/COG1R primer pair for GI detection, as described by Kageyama et al.²⁶ These laboratories (14/18) also used the RING1(a) and RING1(b) probe set for GI detection,²⁶ except for labs F and P, where RING1(c) (5'-AGA TYG CGI TCI CCT GTC CA) and RING1(a*) (5'-AGA TYG CGR TCY CCT GTC CA) were used, respectively. Labs R and U, used JJV1F/JJV1R primers and the JJV1P probe.²⁷ For GII detection, again most laboratories used primer and probe sets as developed by Kageyama et al., COG2F/COG2R/RING2 (16/18 labs).²⁶ Laboratory R used JJV2F/COG2R/RING2,²⁷ while laboratory U used JJV2F/QNIF2d/COG2R/RING2.27,32 Only four labs used internal amplification controls, as listed in Supplementary Table 2. There

Table 1

Detection limits calculated for each participating laboratory based on results from a dilution series of norovirus GII.4 2006b RNA. g.e. = genome equivalents based on comparisons to an RNA standard curve quantified by spectrometric analysis. n/c = not calculated because the data could not be fit to the four parameter logistic equation described in Section 2.

# Detected at 100 g.e. per reaction (n = 3)	# Detected at 10 g.e. per reaction (<i>n</i> = 3)	# Detected at 1 g.e. per reaction (<i>n</i> = 3)	50% detection limit (g.e. per reaction)	95% confidence interval (g.e. per reaction)	Laboratories
3	3	3	<1	n/c	B, D, V
3	3	2	0.9	0.3-2.8	M, N, O
3	3	0	3.2	n/c	Q, R
3	2	0	9.0	2.9–28	F
3	1	0	11.1	3.6-34	S
3	0	0	31	n/c	A, G, I, K, P, U
0	0	0	>300	n/c	J
2	2	2	n/c	n/c	Н

Table 2

Detection of RNA representing different NoV genotypes from a coded panel of samples tested in eighteen laboratories. g.e. = genome equivalents per reaction based on run-off transcripts from a GI.1 strain (GI) or a GII.4 strain (GII).

Genotype	Quantity (g.e.)	# Detected (<i>n</i> = 16) Laboratories with negative	
GI.2	$2.3 imes 10^2$	12	J, N, O, P
GI.3	$6.0 imes 10^4$	15	R
GI.4	$2.0 imes 10^4$	15	Н
GI.6	$4.8 imes 10^4$	16	
GI.8	$7.0 imes 10^6$	16	
GI.13	$8.5 imes 10^7$	15	0
GII.2	$1.0 imes 10^5$	16	
GII.3	$1.2 imes 10^6$	16	
GII.3	$5.7 imes 10^5$	16	
GII.4 (2008)	2.1×10^{7}	16	
GII.5	$8.7 imes 10^3$	15	J
GII.7	5.7×10^5	16	-

were differences in the fluorescent molecules and quenchers coupled to each probe, as well as in concentrations of primers and probes used for the assays (Supplementary Table 1). Differences in consumables, platforms and amplification conditions used for the reactions are noted in Supplementary Table 2. Cycling conditions were slightly different between laboratories and are shown in Supplementary Table 3.

2.3. Data analysis

Data from panel testing was collated and analyzed at Health Canada, Ottawa. Fractional positive data at each concentration were fitted to the equation for sigmoidal dose–response with a variable slope using Prism4 for Windows (GraphPad Software Inc., La Jolla, CA): $Y = 1/(1 + 10^{(\log EC50 - X) \times HillSlope})$, where X is the logarithm of RNA concentration and Y is the likelihood of detection. Y is a fractional positive value that starts at 0 and goes to 1 with a sigmoid shape. This is identical to the "four parameter logistic equation". Limits were set to indicate that the Hill Slope was equal for all labs, with variable EC50 (the 50% detection limit) between labs. Statistical evaluation of the association between test conditions and results was performed with a two-sided Fisher's exact test. Associations were considered significant at a *p* value of less than 0.05.

3. Results

3.1. Detection limits for GII.4

When data from the 9 diluted GII.4 (2006b) samples were analyzed, a range of detection limits were observed, from <1 g.e. per reaction to >300 g.e. per reaction (Table 1). Of the 18 participants, one data set could not be assigned a 50% detection limit. Among the 17 remaining labs, 8 detected all samples at 100 and 10 g.e., resulting in calculated 50% detection levels of less than 5 g.e. per reaction. Only one participating lab failed to detect the most concentrated samples of 100 g.e. It was interesting to note that labs J and K used identical reaction reagents, parameters and conditions (Supplementary Tables 1–3).

3.2. Detection of GI and GII strains

GI NoVs were not detected as consistently as GII viruses, based on the data from 12 samples with different NoV genotypes (Table 2). In particular, the GI.2 strain was not detected in four laboratories. Other strains that were occasionally not detected are GI.3, GI.4, GI.13 and GII.5. All samples that were occasionally not detected had less than 10⁵ g.e. of RNA per reaction, with the exception of the GI.13 strain. Sequence analysis reveals two mismatches between the JJV1F primer and the GI.13 RNA as well as a single mismatch with the GI probes (Fig. 1). Five of the six laboratories that had a false negative result use a multiplex GI and GII detection protocol. The use of a multiplex assay was significantly associated with false negative results (p = 0.04).

3.3. Non-NoV samples

No participating laboratories obtained NoV positive results from the adenovirus or enterovirus RNA. Two labs detected the rotavirus sample as positive for GII NoV and five labs detected the sapovirus sample as a GII norovirus. All of these laboratories had good detection limits, with a 50% probability of detecting less than 10 g.e. per reaction. Sensitive reactions may have a higher risk for false positives, as only 4 labs were able to achieve detection limits less than 10 g.e. without detecting one of the negative controls, while none of the 8 labs with detection limits above 10 g.e. obtained a false positive result. There was a significant association between a limit of detection of less than 10 g.e. per reaction and false positive results (p = 0.03). The false positive reactions do not correlate with primer and probe sets or with cycling parameters or platforms.

One of the amplicons obtained from the sapovirus-containing sample was sequenced to determine if this false detection was associated with NoV cross-contamination. The sequences amplified were not viral; they were derived from bacterial or plant components of the stool matrix. Regions of complementarity were identified with the COG2 primers and the RING2 probe (each between 6 and 12 bases). Ct values obtained for the false amplicons were the same or less than those obtained for 1 g.e. of NoV RNA.

4. Discussion

This comparative study is the largest that has been reported for NoV RT-PCR detection. A coded panel of RNA samples was circulated in order to isolate the real-time RT-PCR detection protocol from upstream sample processing effects that confounded the interpretation of previous results.³² The data were analyzed to determine the impact of procedural differences on the analytical performance of NoV RNA detection. Among the primer/probe sets and amplification conditions tested here, all were capable of providing sensitive detection of less than 10 g.e. of NoV RNA per reaction. Detection of less than 10 g.e. per reaction, rather than a specific reaction condition, was associated with false positive detection (p = 0.03). The use of a multiplex assay was significantly associated with false negative results when a range of NoV types were tested (p = 0.04).

Overall, the real-time RT-PCR methods used by these 18 testing laboratories give sensitive and accurate results for the detection of NoV RNA. This indicates that results from different testing laboratories are of similar dependability, even if there are slight variations in reaction conditions. Only one laboratory (J) failed to detect the NoV

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COG2F	CARGARBCNATGTTYAGRTGGATGAG
JJV2F	CAAGAGTCAATGTTTAGGTGGATGAG
ONIF2d	ATGTTCAGRTGGATGAGRTTCTCWGA
COG2B ¹	
RING2	
ICTING2	
GII_4A_Richmond	${\tt caagaggccatgtttaggtggatgagattctctgacctcagcacatgggagggcgatcgcaatcttgctcccgagggtgtgaatgaa$
GII.2	CAAGAACCTATGTTTAGGTGGATGAGATTCTCAGATTTGAGCACGTGGGAGGGCGATCGCAATCTTGCTCCCAGTCTTGTGAATGAA
GII.3	${\tt CAAGAACCAATGTTCAGGTGGATGAGATTCTCAGATTTGAGCACGTGGGAGGGCGATCGCAATCTGGCTCCCAGTTTTGTGAATGAA$
GII.3	${\tt CAAGAACCAATGTTTAGGTGGATGAGATTCTCAGATTTGAGCACGTGGGAGGGCGATCGCAATCTGGCTCCCAGTTTTGTGAATGAA$
GII.4(2006b)	${\tt CAAGAACCAATGTTCAGGTGGATGAGATTCTCAGATTTGAGCACGTGGGAGGGCGATCGCAATCTGGCTCCCAGTTTTGTGAATGAA$
GII.4(2008)	${\tt CAAGAGCCAATGTTCAGATGGATGGAGAGTCTCAGATCTGAGCACGTGGGAGGGCGATCGCAATCTGGCTCCCAGTTTTGTGAATGAA$
GII.5	${\tt CAAGAGCCAATGTTCAGATGGATGAGATTCTCAGATCTGAGCACGTGGGAGGGCGATCGCAATCTGGCTCCCAGTTTTGTGAATGAA$
GII.7	${\tt CAAGAGGCCATGTTCAGGTGGATGAGATTCTCTGACCTCAGCACATGGGAGGGCGATCGCAATCTTGCTCCCGAAGGTGTGAATGAA$
COG1F	CGYTGGATGCGNTTYCATGA
JJV1F	GCCATGTTGCGITGGATG
COG1R	GTRAATGATGATGGCGTCTAAG
JJV1R ¹	ATGATGATGGCGTCTAAGGA
RING1(a)	TGGACAGGRGATCGCRATCT
RING1(b)	TGGACAGGAGACCGCGATCT
RING1(c)	TGGACAGGRGARCGCRATCT
RING1(a*)	TGGACAGGRGAYCGCRATCT
JJV1P	TGTGGACAGGAGATCGCAATCTC
GI 1 Norwalk	GCCATGTTCCGCTGGATGCGCTTCCATGACCTCGGATTGTGGACAGGAGATCGCGATCTTCTGCCCGAATTCGTAAATGATGATGGCGTCTAAGGA
GI.2	GCCATGTTCCGTTGGATGCGGTTCCATGACCTTGGTTTGTGGACAGGAGATCGCAATCTCCTGCCCGAATTTGTAAATGATGATGGCGTCTAAGGA
GI.3	GCCATGTTCCGCTGGATGCGATTCCATGATCTAAGTTTGTGGACAGGGGACCGCGATCTCCTGCCCGATTATGTAAATGATGATGGCGTCTAAGGA
GI.4	GCCATGTTCCGCTGGATGCGCTTCCATGACCTCGGATTGTGGACAGGAGATCGCAATCTCCTGCCCGAATTCGTAAATGATGATGGCGTCTAAGGA
GI.6	${\tt GCCATGTTCCGCTGGATGCGGTTCCATGATCTTGGCCTTGTGGACAGGAGATCGCAATCTCCTGCCCGAATTCGTAAATGATGATGGCGTCTAAGGA$
GI.8	${\tt GCCATGTTCCGCTGGATGCGATTCCATGACTTAAGTTTGTGGACAGGAGATCGCGATCTCTTGCCCGATTATGTAAATGATGATGGCGTCTAAGGA$
GI.13	$\mathbf{C}\texttt{CCATGTT}\mathbf{T}\texttt{CGCTGGATGCGGTTCCATGATCTGAGCTTGTGG}\mathbf{C}\texttt{C}\texttt{C}\texttt{C}\texttt{C}\texttt{C}\texttt{C}\texttt{C}\texttt{C}\texttt{C}\texttt$

Fig. 1. Sequences of the primers and probes used for real-time RT-PCR detection of NoV aligned with reference strains and with the RNA samples included in this panel. Reference strains are Gl.1 Norwalk and Gll.4 Richmond (GenBank accession numbers M87661 and AF414419, respectively). R=A or G, Y=T or C, W=A or T, B=C or G or T, N=A or C or G or T. Mismatches between panel RNA samples and primers/probes are indicated by bold face and underlined font. (1) These sequences are written as the reverse complement of those used in the real-time RT-PCR assays to allow for direct sequence comparisons.

GII.4 (2006b) RNA diluted to 100 g.e. The less sensitive detection of laboratory J as compared to K could be attributed to technician training time and familiarity with protocols, where the more experienced technician achieved more sensitive detection. The "J" dataset also showed false negative results for GI.2 and GII.5 samples at less than 10⁴ g.e. per reaction. Six of the remaining laboratories did not detect the GII.4 (2006b) sample diluted to 10 g.e. Only one of these six labs had a false negative result for the different NoV strains. This suggests that detection of a standard GII.4 RNA diluted to 100 g.e. could be used as an indicator of good method performance.

Only two of the eighteen participating laboratories detected every NoV sample and none of the non-NoV samples, for an estimated 50% detection limit of <1 g.e. per reaction (labs D and V). Other laboratories with very sensitive detection identified a positive amplification of one or more of the non-NoV samples. Sequencing of one non-NoV amplicon revealed that bacterial or plant components in stool might cross-react with the real-time RT-PCR primers and probes to yield false positive results. Another possibility is that very sensitive reactions may detect low levels of cross-contamination during the procedure.

Previous collaborations for the evaluation of NoV detection methods have been complicated by the use of different extraction procedures in participating laboratories.^{32,33} This study circulated RNA panels to standardize the method input and provide a multicentre comparison of real-time RT-PCR procedures in isolation of other factors. We have confirmed that the ORF1/ORF2 region identified in 2003²⁶ still provides good detection of 11 distinct NoV genotypes. This is in agreement with the published results of the real-time RT-PCR assay being assessed by the European CEN/TC275/WG6/TAG4 group as a standard method.³⁴ For the GII.4 (2006b) strain included as a dilution series, we did not observe any difference in detection limit between laboratories using the COG²⁶ or JJV²⁷ primer and probe sets. The previously reported detection limit of <10 g.e. for NoV GII^{27,28,35} was achieved in 9/18 labs and the method was robust to minor variations in probe labelling or reagent concentration. Since these results were obtained, some laboratories have implemented changes to their primers or protocols to improve detection sensitivity. The use of a multiplex assay was associated (p = 0.04) with false negative reactions, in contrast to a number of publications that report sensitive detection for multiplex protocols.^{27,36–39} Labs that include a control reaction in multiplex or that wish to multiplex multiple reactions should be aware of the possible decrease in sensitivity. This may be strain dependent, as noted in a previous study for multiplex assay development.³⁹

In the analysis presented here, we could only determine the efficacy of methods currently in use in the participating laboratories. Consequently, the data does not provide a validation of all published real-time RT-PCR protocols for NoV detection and the statistical power to compare the Kageyama²⁶ and Jothikumar²⁷ protocols was limited. The analysis confirmed that participating laboratories obtain sensitive and specific results using methods with slight variations in conditions. We conclude that there is no need to implement identical protocols in order to achieve comparable results by real-time RT-PCR between testing labs. In addition, the laboratories in this study could not commit the resources to test serial dilutions for each targeted strain. As a result, the differences in detection of the various genotypes are confounded by differences in sample concentration. However, our data are derived from undiluted stool filtrates and the concentration range is relevant to clinical testing labs. Finally, this targeted RNA panel project did not address methods of RNA extraction or control of inhibition, both of which are critical for effective NoV detection. These questions are the proposed targets of future studies for our group.

For this study, the participants designed the panel and submitted samples to be included for testing. As a result, they were able to cooperatively access a wide range of genotypes. This provides an excellent model for cooperative method validation that is particularly useful with non-culturable organisms, where reference sets are not readily available. We will use these findings to develop a federal standard that can be compared to participant data in future proficiency studies, which are planned on a yearly basis to ensure that these assays stay current. Most laboratories detected less than 100 g.e. per reaction and were able to detect less common NoV genotypes. The most sensitive reactions were associated with false positive detection of non-NoV samples (p = 0.03). Reducing the sensitivity of these assays slightly may increase their specificity. Multiplex reactions were associated with failure to detect some strains (p = 0.04). Overall, slight variations in reagents or amplification conditions were not associated with differences in sensitivity or specificity.

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Ethical approval

Not required.

Conflicts of interest

None declared.

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Appendix A. Supplementary data

Supplementary data associated with this article can be found, in the online version, at doi:10.1016/j.jcv.2010.10.008.

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